Purusha Ayurveda

Panchakarma is the Ayurvedic art of detoxification, purification, and rejuvenation. A multiple day in-depth cleansing program that involves herbal advises, diet, medicated health spa techniques, and elimination procedures.

Website URL:
https://www.purushaayurveda.com

Keywords:
panchakarma, panchakarma retreat, panchakarma center, ayurvedic cleanse, ayurvedic detox and rejuvenation, ayurvedic retreat